SCRUMP® Constructive Behaviors

Red Zone	Yellow Zone	Green Zone
SHAPING	EXPLORING	EMBODYING
What matters to you?	What matters to you?	What matters to you?
• Adapting	• Adapting	• Adapting
• Creating Solutions	• Reflective Thinking	• Perspective Taking
• Reaching out	• Delayed Responding	• Expressing Emotions

UNCERTAINTY

TRUST

Conflict

Reconciliation

P.O.W.E.R. Paradox Portals

Activation

Evolving & engaging dynamic energy with intention & attention.

Embodiment

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